



Delivering Sustained High Performance

“The greater danger for most of us lies not in setting our aim too high and falling short; but in setting our aim too low, and achieving our mark.” **Michelangelo**

Underpinning Philosophy

Every individual has the potential for high performance and to achieve what might seem impossible. Human beings were born to develop their talents, to learn, to find enjoyment and to perform. Yet we have a tendency to listen to our own self-limiting beliefs, to remain within our own comfort zones, and aim far below our capabilities. At Developing Potential we have a belief that everyone has a spark of greatness and our task is to support individuals on their journey of self-discovery, and help them to **‘Be the Best they can Be’**. Developing self-managed leadership builds organisational leadership and providing personal development enables individuals to make a far greater contribution to their team(s).

Our development programmes are based on role modelling the skills, attitudes and behaviours of high performers in business and sport and the insight that exceptional performance comes through being aligned. We have created a unique personal model called VEGA alignment which focuses on the four areas of mind (IQ), body (PQ), emotion (EQ) and spirit (PQ) and that enables individuals to align vision, values, goals and actions. It is by enhancing each of these and having them in balance that enables people to fulfil their true potential.

Process

We begin by conducting a personal assessment and creating an individual profile and use these to develop a bespoke development programme. We can do this for one individual or for a large group of individuals and this would depend on our clients needs. The journey continues with a series of interventions that might include one-to-one coaching, tutorials, workshops, personal learning and for a larger group of individuals our inspirational events.

Some examples of areas we explore, include, moving from comfort to achievement zones, visioning success for non-linear growth, working with emotional intelligence, developing creativity and effective communication, creating a positive mindset, mental resilience and taking action through effective decision making. We also focus on sustaining growth through enabling people to create their own balanced life. We may use Olympians and other effective high performance role models within some of our programmes.



Business Benefits of our programmes

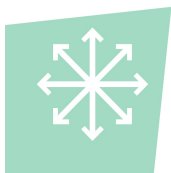
- Enabling exceptional performance through the alignment of mind, body, emotion and spirit and vision, values, goals and actions.
- Raising awareness of what is possible and replicating the attitudes, skills and behaviours of known high performers to ensure it is delivered.
- Establishing a powerful vision for personal and organisational non-linear growth.
- Enabling people to build strong relationships to support their own journey and that of others, creating effective teams.
- Empowering people through creating a mindset of possibilities and overcoming internal barriers.
- Developing skills and qualities that underpin self-managed leadership and the ability to lead others for high performance.
- Leading to increased motivation, performance and results and improving their and your bottom line.

To find out more about personal development and the benefits of our approach please call +44 (0) 20 3303 0496 Or E-mail enquiries@developingpotential.co.uk





Leadership Development ^{dp}



Cultural Development ^{dp}



Personal Development ^{dp}

Phone +44 (0) 20 3303 0496
Email enquiries@developingpotential.co.uk
Web www.developingpotential.co.uk

© Developing Potential Ltd Print Version Spring 2011.
Developing Potential Ltd, Registered in England and Wales, Number 03486637.
Registered Address 107 Wessington Park, Calne, Wiltshire, SN11 0AZ.